

## Community Health Improvement Matrix Definitions and Template

The Community Health Improvement Matrix (CHIM) is a tool for addressing the social determinants of health through community health improvement planning.

**Prevention Levels: Prevention aims to minimize the occurrence of disease or its consequences.**

Contextual: Create environments for healthy living.

Primary: Reduce susceptibility or exposure to health threats.

Secondary: Detect and treat disease in early stages.

Tertiary: Alleviate the effects of disease and injury.

**Intervention Levels: Intervention levels are built on a socio-ecological model of health.**

Individual: Characteristics of the individual such as knowledge, attitudes, behavior, self-concept, skills, etc. Includes the individual's developmental history.

Interpersonal: Formal and informal social network and social support systems, including family, work group, and friendship networks.

Organizational: Institutions with organizational characteristics, including formal (and informal) rules and regulations for operation.

Community: Relationships among organizations, institutions, and informal networks within defined boundaries.

Public Policy: Local, state, and national laws and policies.

# Community Health Improvement Matrix

Objective:

**Contextual/  
Primary**

Secondary

Tertiary

Individual

Interpersonal

Organizational

Community

Public Policy

**INTERVENTION LEVEL**

**PREVENTION LEVEL**